

2019 Community Health Status Report Executive Summary

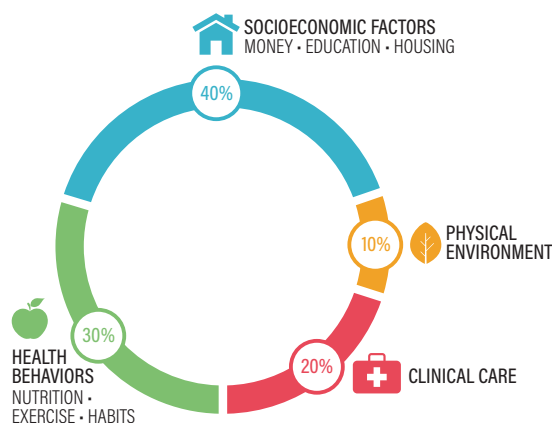


"As it relates to our health, our zip code may be more important than our genetic code, our school files may be more telling than our medical files, the time spent in our office at work may be more relevant than the time spent at our doctor's office, and the places we play may be more crucial than those where we get treated...an apple a day may help keep the doctor away but that assumes you can find an apple in your neighborhood." – James S. Marks, Robert Wood Johnson Foundation Health Group

PRIORITY HEALTH ISSUES IDENTIFIED BY THE COMMUNITY HEALTH NEEDS ASSESSMENT

- **Access to Care:** includes affordable care, patient navigation, health literacy, availability and affordability of long-term care, and transportation.
- **Behavioral Health and Substance Use:** includes access, cost, and stigma related to behavioral health; prescription and other drug use; and alcohol use and binge drinking.
- **Chronic Disease Prevention:** includes a focus on social determinants of health (e.g. housing, transportation, jobs/income, etc.), as well as on prevention strategies (e.g. fruit/vegetable consumption, physical activity, tobacco prevention, and screenings).

WHAT MAKES US HEALTHY



Suggested Collaborative Strategies to Address Community Health Needs

Sample Activities May Include

Support the development of a community-based triage center to assist residents in accessing resources for addiction treatment, behavioral health, and other needs.

Participate in behavioral health stakeholder meetings convened by the Sioux Falls Health Department.

Communicate with city and county leaders and policy makers about the need for a triage center.

Develop a community-wide awareness campaign to reduce behavioral health stigma and increase earlier access to care.

Coordinate communications among community partners to share common themes and messages with the public.

Support a community-wide event to raise awareness about behavioral health and substance use.

Pursue policy, system and environmental changes to maintain or increase the percentage of people living at a healthy body weight.

Support the Move Well Sioux Falls event to promote physical activity.

Pursue "Live Well Healthy Place" designation for cafeterias/snack bars.

Address social determinants of health and actively support the One Sioux Falls framework that includes accessible housing, engaging people, health and safety, and workforce development.

Support efforts by the City to attain national AARP Age-Friendly Community designation.

Participate in community workgroups or public meetings addressing housing and transportation needs.



37 percent
diagnosed
with depression



38 percent
binge
drink



42 percent public
transportation
rating



15.5 percent
smoking
rate



2.2 percent
unemployment



Less than 15 percent
get enough fruits
and vegetables



37 of 100
WalkScore



34 percent increase
in Helpline suicide
contacts



14-year life expectancy
range among
neighborhoods



11 percent
food
insecure



\$190,000
median sales
price



64 percent cite cost
and access as
health barriers



\$56,867 median
household income



54 percent active
less than three days
a week



50.5 percent have
high blood
pressure



68 percent
overweight
or obese



9.8 percent
uninsured

Key Data Indicators for Adults in the Sioux Falls MSA